

Scarborough and Ryedale Carers Resource: Walk Rules

1. Walkers registering to walk as individuals must be aged over 18. Walkers under 18 must be accompanied by an adult and have signed parental/carer consent to participate.
2. All walkers must register at the start point by the allotted start time (8.00am for those walking from Whitby / 11.00am for those walking from Ravenscar).
3. All registered walkers must have completed the registration form which includes a contactable emergency person (with transport capacity in case of early exit from the walk). These forms **MUST** be completed and handed in at the start line registration desk.
4. All walkers must wear appropriate stout footwear and have appropriate clothing for the weather (including waterproofs and layers to accommodate changes in the weather).
5. You are required to check in at each check-point. Failure to do so will alert the emergency service procedures. If you are retiring from the walk you are required to do so at a check-point and at **NO** other point.
6. Walkers must adhere to the 'Country Code' - if you are unfamiliar with this please ask for information at the start point. Reporting any damage or irregularities must be done at the next checkpoint.
7. Walkers will not be allowed to proceed if the checkpoint staff are at all concerned about your capacity to do so - the organisers decision is final on this who will be following advice from qualified professionals.
8. Dogs are permitted to walk with their owners. Please be aware owners are responsible for the dog's behaviour at all times. Please be aware we are on a public walk way and there will be several small children and other dogs on the walk.
9. Please be aware the walk will be along a public right of way. Please respect all other members of public using the route.
10. Please note, access to public conveniences are very limited on the route.
11. Please note the walk is all on the flat until the last 0.5mile which has a significant incline.